

#### **Suggested Exercises & Class Discussions**

- 1. Pre-Reading Question: What has surprised you in the natural world? Think of something that you learned in school, or on your own, that really changed your perception of something in the natural world. This could also be something you were unaware of, or something you were just uninformed of.
- 2. On page 43, Nezhukumatathil says, "The tighter the smile, the tougher you become." Write a personal essay that discusses both the essay and this quote in the context of your own personal experiences.
- **3.** Based on "The Potoo" Essay: When would you say is a time that you feel most "seen," for who you are? When you need to "slow down," or "be still," what do you find helps you? What benefit can come from doing less, being still, looking inward, or taking a step back?
- **4. Final Essay:** Do your own research on an animal or plant in nature and craft a personal essay that connects your own life to something about that plant or animal, while also paying careful attention to narrative and figurative language.

Written by Leah Umansky, Director of the Scholars Program at York Preparatory School

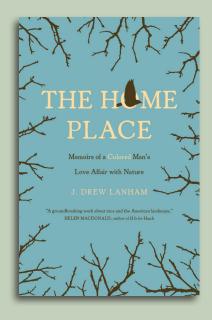
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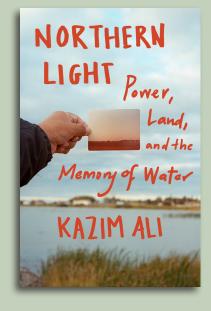
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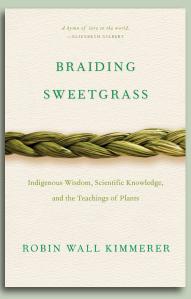
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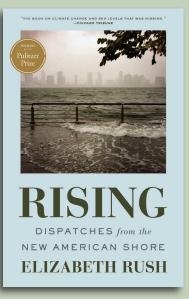
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